



FreestyleTravelers.com

BREAKFAST

***port day express breakfast**
eggs any style, hickory smoked bacon, sausage, choice of bread / pastries, orange juice
done fast, done right, in and out in 25 minutes

MORNING PASTRIES & GRIDDLE

danish - croissant

toast: white | whole wheat | rye | norlander bread |
gluten free bread bagel | muffins

jellies: strawberry | grape |
orange marmalade | guava | honey
sugar free jellies served on request

vanilla french toast

maple butter, caramelized bananas

^{NS} short stack pancakes

syrop, whipped ricotta, toasted pecans,
salted caramel sauce

buttermilk waffles

caramel apple compote, spiced mascarpone, syrop

FRUITS, JUICE & GRAINS

fruits: banana | seasonal melon
baked apples | stewed prunes

juices: orange | grapefruit | pineapple
apple | tomato | prune

bruleed florida grapefruit

ginger sugar, mint

^{NS} house-made granola

coconut chips, cinnamon, sunflower seed
walnut, hazelnut, honey

^{NS} oatmeal

raisin, granny smith apples, toasted almonds

cereals with 2% milk

| | |
|-----------------------|----------------|
| cinnamon toast crunch | frosted flakes |
| cheerios | special k |
| lucky charms | raisin bran |
| corn flakes | fruit granola |
| hot cream of wheat | rice krispies |
| hominy grits | fruit loops |

yogurt

plain - strawberry - peach - banana
raspberry - blueberry

E G G S

breakfast board*

soft boiled egg, baby lettuce salad, pastrami, grilled sour dough
house-made yogurt butter, seasonal jam

eggs benedict*

poached eggs on toasted english muffins with smoked ham
and hollandaise sauce

broken egg sandwich*

rustic panini, two fried eggs, bacon, cheddar, greens, fries

eggs any style*

fried, scramble, soft or hard boiled

omelet*

- tomato
- onion
- pepper
- mushroom
- spinach
- arugula
- cheddar
- swiss
- feta
- ham
- bacon

favorite choice

spanish omelet - roasted pepper & tomato salad

S I D E

| | |
|-----------------------------|-------------------|
| chicken sausage | pork link sausage |
| hash brown potatoes | sliced ham |
| hickory-smoked sliced bacon | turkey bacon |

LIGHTER FARE

yogurt parfait ^{NS}

hand churned yogurt, berries, granola, dates honey

avocado toast* ^{NS}

whole wheat toast, local greens, red pepper flakes,
lemon, poached eggs

breakfast bowl* ^{NS}

kale, spinach, farro wheat berries, sesame seeds,
feta cheese, raspberries, sunny side up egg

egg white fritata

broccoli, cheddar

masala dosa

lentil & rice crepe
potato & green pea stew, kale, smoked paprika

roasted broccoli & cheddar scramble

caramelized onions, creme fraiche, buttermilk biscuit

corned beef hash*

roasted pepper and onion, farm egg, sage-black pepper biscuit

smoked salmon*

cream cheese and toasted bagel

BEVERAGE

specialty coffee and tea

cappuccino
latte
espresso
"art of tea" selection

iced and hot teas
regular coffee or decaffeinated
2% milk - skim milk
chocolate milk
hot chocolate



* Public Health Advisory: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, specially if you have certain medical conditions.