

EXPRESS BREAKFAST

SCRAMBLED EGGS, BACON,  
GRILLED TOMATO, BREAKFAST POTATOES\*  
*White or Whole-Wheat Toast, Coffee, Tea, Orange Juice*

DAILY FEATURES

EGG AND AVOCADO WRAP\*  
*Scrambled Eggs, Monterey Jack Cheese,  
Avocado, Bell Peppers in a Flour Tortilla,  
served with Tomato Salsa, Breakfast Potatoes*

BISCUITS AND GRAVY  
*Pork Sausage, Saw Mill Gravy, Grilled Tomato*

FRUIT & YOGURT

FRUIT SALAD

STEWED PRUNES

HALF GRAPEFRUIT & ORANGE SEGMENTS

SLICED BANANA

YOGURT PARFAIT  
*Honey Granola, Strawberries, Plain Yogurt*

YOGURT  
*Selection of Plain and Fruit Yogurts*

HOT & COLD CEREALS

*All-Bran, Cheerios, Corn Flakes, Froot Loops,  
Frosted Flakes, Low-Fat Granola, Raisin Bran,  
Rice Krispies, Cinnamon Toast Crunch, Special K*

BIRCHER MUESLI  
*Oats, Raisins, Yogurt, Green Apple, Anjou Pear, Walnuts*

CREAM OF WHEAT, OATMEAL OR GRITS  
*Hot Milk, Cinnamon Brown Sugar, Raisins*

FreestyleTravelers.com



ESPRESSO SINGLE	\$3.25
ESPRESSO DOUBLE	\$3.65
CAPPUCCINO	\$4.45
CAFFÉ LATTE	\$4.45
BUENA VISTA STYLE IRISH COFFEE	\$10

BREAKFAST ENTREES

CHOLESTEROL-FREE EGG SUBSTITUTE  
OR EGG WHITES AVAILABLE ON REQUEST

EGGS TO ORDER\*

*Choice of: Scrambled, Poached, Sunny Side Up,  
Over Easy, Hard-Boiled, Served with Breakfast Potatoes*

HAM AND CHEESE OMELET\*  
*Smoked Ham, Cheddar Cheese, Breakfast Potatoes*

MUSHROOM, SPINACH & ONION OMELET\*  
*Breakfast Potatoes*

EGGS BENEDICT\*

*Poached Eggs, Canadian Bacon,  
Hollandaise on an English Muffin, Breakfast Potatoes*

OPEN-FACED SMOKED SALMON BAGEL\*  
*Cream Cheese, Capers, Tomato, Red Onion*

TRADITIONAL BUTTERMILK PANCAKES  
*Blueberry Syrup, Whipped Cream*

BELGIAN WAFFLE  
*Banana, Caramel Sauce, Whipped Cream*

CINNAMON RAISIN FRENCH TOAST  
*Maple Syrup*

SIDE ORDERS

*Bacon, Pork or Turkey Sausage Links,  
Grilled Ham, Corned Beef Hash,  
Breakfast Potatoes, Grilled Tomato, Baked Beans*

BAKERY SELECTIONS

*Assorted Muffins and Danishes, Cinnamon Roll,  
Sweet Roll, Croissant, White Toast,  
Whole-Wheat Toast, English Muffin, Bagel*

BEVERAGES

*Freshly Brewed Coffee, Assorted Hot Teas,  
Whole Milk, Low-Fat Milk, Hot Chocolate,  
Orange, Grapefruit, Cranberry,  
Apple, Prune, Tomato Juice*

Your check may reflect an additional tax in certain ports or itineraries.  
A 20% gratuity and beverage service charge will be added to your check.  
If you have any type of food allergy, please advise your server before ordering.  
\*These items are served raw or undercooked, or contain (or may contain) raw or undercooked  
ingredients. Consuming raw or undercooked meats, seafood, shellfish, eggs, milk or poultry  
may increase your risk of foodborne illness, especially if you have certain medical conditions.